

CHICKENPOX

FOR CHILDREN WITH CHICKENPOX

- Instant itch relief
- Cooling and soothing
- Helps prevent scarring
- Helps reduce risk of infection by blocking bacteria

Please read the entire instructions for use carefully before you start using PoxClin® CoolMousse. Do not throw this leaflet away. If you have any questions, or if you are not sure about anything, please ask your general practitioner or pharmacist. For more information or a new copy of instructions visit: www.poxclin.co.uk.

CONTENTS OF THIS LEAFLET

- What is PoxClin® CoolMousse used for?
- What does PoxClin® CoolMousse contain?
- What is chickenpox?
- How to recognise chickenpox?
- How does the product work?
- What you should know before using PoxClin® CoolMousse?
- Is chickenpox dangerous?
- When to see a general practitioner?
- When and how should you use PoxClin® CoolMousse?
- Contents of the 100ml dispenser
- Where to keep your PoxClin® CoolMousse?
- Warnings
- Contact details

WHAT IS POXCIN® COOLMOUSSE USED FOR?

PoxClin® CoolMousse is used for rapid relief from irritation, itching and sensitivity associated with chickenpox.

WHAT DOES POXCIN® COOLMOUSSE CONTAIN?

- 1 Foam dispenser containing 100ml PoxClin® CoolMousse
- 1 Information leaflet

WHAT IS CHICKENPOX?

Often an acute, infectious disease, usually contracted by young children. Chickenpox is caused by the varicella virus. The condition is characterised by a fever and itchy, red spots usually appearing on the chest and torso first, and then spreading in clusters over the entire body. The red spots turn into small blisters, which will form scabs in a week after drying up. Scratching the affected area may cause infection, due to the possible bacterial colonisation.

HOW TO RECOGNISE CHICKENPOX?

The first visible sign of chickenpox is usually a skin rash, but some people experience fatigue and fever 24 hours prior to appearance of red spots (blisters). Once skin lesions (caused by red spots and blisters) are present, chickenpox is usually accompanied by a fever, abdominal pain and a general feeling of fatigue and frailty for several days. The "rash" typically appears as flat red spots, which rise like small pimples.

The spots transform into small blisters – called vesicles – that resemble small drops of water on a red base. The top of these vesicles can be easily scratched off, or break open by themselves and become crusted, sometimes within hours of first appearance. Itching may be quite intense at this stage. This intense itching can increase the temptation to scratch the vesicles. Scratching the vesicles open and leaving them unprotected increases the risk of bacterial infection. The crusts (if not scratched) fall off in 9–13 days after formation.

HOW DOES THE PRODUCT WORK?

PoxClin® CoolMousse contains the 2QR complex, a patented bacterial blocker derived from the plant Aloe Barbadensis. 2QR blocks bacteria by creating a physical barrier between the bacteria and the skin. The barrier provided by 2QR prevents bacteria from colonizing the skin and causing bacterial infection. By reducing the chances of infection PoxClin® CoolMousse supports the skin's natural healing process and helps to prevent scarring which may be caused by scratching.

Scarring may be the result of scratching caused by infection and related itching. Furthermore, PoxClin® CoolMousse has an instant cooling effect on the skin. The instant cooling action is caused by the evaporation of the foam on the skin, which is accelerated by the Laureth-9 incorporated in the

product. The cooling of the skin relieves itching and irritation, thereby reducing the urge to scratch, preventing possible further damage of the skin.

INGREDIENTS:

Aqua, Aloe Barbadensis Gel, Galactoolarabinan Polyglucuronic Acid Crosspolymer*, Betaine, Laureth-9, PEG-40 Hydrogenated Castor Oil, Glycerin, Sodium Coco-Glucoside Tartrate, Polyglyceryl-10 laurate, Phenoxyethanol & Ethylhexylglycerin, Panthenol, Ethylhexylglycerin, Allantoin, Lavandula Angustifolia Flower/Leaf/Stem Extract, Chamomilla Recutita Flower Extract, Citric Acid, Sodium Hydroxide. *2QR

WHAT YOU SHOULD KNOW BEFORE USING POXCIN® COOLMOUSSE?

PoxClin® CoolMousse does not contain any harsh-toxic chemicals and is suitable to use on children's skin. There are no known side effects related to the use of PoxClin® CoolMousse. Avoid contact of PoxClin® CoolMousse with the eyes.

When first using PoxClin® CoolMousse 2–3 pumps of the foamer may be needed for the foam to emerge.

No interference with other medications is known. No contraindications are known to be associated with the use of PoxClin® CoolMousse.

IS CHICKENPOX DANGEROUS?

Chickenpox and its symptoms are generally not dangerous for healthy children. Serious complications such as skin infections, pneumonia and fevers, though rare, should be taken seriously and a general practitioner should be consulted if these symptoms are observed.

WHEN TO SEE A GENERAL PRACTITIONER?

Consult a general practitioner if the child develops a fever, the rash spreads to the eyes, the skin around the spots becomes swollen, painful, or very red. Do not administer Ibuprofen or aspirin to children suffering from chickenpox. Also seek the advice from your physician if you are not sure that the condition is actually chickenpox.

WHEN AND HOW SHOULD YOU USE POXCIN® COOLMOUSSE?

Apply at least three times daily or whenever relief is desired. For extra cooling relief store PoxClin® CoolMousse in the fridge.

For treatment of larger areas of the skin affected by chickenpox:

Rub the mousse softly onto the skin. The evaporation of the mousse will cause an instant cooling relief on the skin.

For prevention of scarring:

It is recommended to apply the mousse whenever relief is desired (i.e. each time the child changing clothes).



Large areas affected by chickenpox can be relieved by PoxClin® CoolMousse.

CONTENTS OF THE 100ML DISPENSER:

The mousse dispenser contains 100ml of the PoxClin® CoolMousse. The mousse is based on the patented 2QR complex which helps to protect and soothe the irritated skin. It relieves the itching and supports the natural healing process of the skin. This product has a light and pleasant fragrance as a result of lavender and chamomile extract.

WHERE TO KEEP YOUR POXCIN® COOLMOUSSE?

Store in a dry and cool place. Do not use after the expiry date shown on the dispenser and on the packaging. PoxClin® CoolMousse should not be used for more than 30 consecutive days, which usually covers a whole treatment period.

WARNINGS:

Keep out of reach of children.

Should the PoxClin® CoolMousse enter the eyes, wash the eyes with plenty of clean water. Should an irritation persist, seek advice from your general practitioner.

Consult a general practitioner if the child develops a fever, the rash spreads to the eyes, the skin around the spots becomes swollen, painful or very red. Do not administer Ibuprofen or aspirin to children suffering from chickenpox.

CONTACT DETAILS

All enquiries about the product should be sent to the distributor. For more information see www.poxclin.co.uk